



## **REVIEW OF SYSTEMS**

### Gastroenterology

#### **CONSTITUTIONAL** None

- Chills
- Fever
- Malaise (general unwellness)
- Weight Loss

#### **HEENT** None

- Double Vision
- Ear infections
- Eye pain
- Nasal Congestion
- Sinus infection
- Sore throat

#### **RESPIRATORY** None

- Asthma
- Dyspnea (Difficulty breathing)
- Frequent cough
- Pleuritic pain
- Wheezing

#### **CARDIOVASCULAR** None

- Chest pain
- Extremity edema
- Palpitations

#### **GASTROINTESTINAL** None

- Abdominal pain
- Change in bowel habits
- Constipation
- Diarrhea
- Dysphagia  
(Difficulty swallowing)
- Heartburn
- Hematemesis (Vomiting blood)
- Hematochezia  
(Blood in the stool)
- Loss of appetite
- Melena (Dark stool)
- Nausea
- Reflux
- Vomiting

#### **GENITOURINARY** None

- Dysuria (Painful urination)
- Hematuria (Blood in urine)
- Urinary Frequency
- Urinary Incontinence
- Urinary retention (Inability to urinate)

#### **METABOLIC / ENDOCRINE** None

- Cold intolerance
- Excessive thirst
- Heat intolerance

#### **NEUROLOGICAL** None

- Dizziness
- Headache
- Numbness
- Tremors
- Vertigo

#### **PSYCHIATRIC** None

- Anxiety
- Depression
- Increased stress

#### **INTEGUMENTARY (Dermatology)** None

- Hives
- Pruritus (Itchy skin)
- Rash

#### **MUSCULOSKELETAL** None

- Back pain
- Myalgia
- Joint pain

#### **HEMATOLOGIC / LYMPHATIC** None

- Easy bleeding
- Easy bruising
- Lymphadenopathy (Swollen lymph nodes)

#### **IMMUNOLOGIC** None

- Contact Allergy
- Chemicals in the work place
- Food allergies
- Immunosuppression
- Seasonal allergies

**MEDICAL HISTORY**

No Medical Problems

**PROBLEM**

- Alcoholism
- Anemia
- Arthritis
- Asthma
- Anxiety
- Atrial Fibrillation
- Blood Clots/DVT
- Blood transfusion  
Date of transfusion \_\_\_\_\_
- Cancer Type \_\_\_\_\_  
Type \_\_\_\_\_
- Celiac Disease
- Chronic Renal Failure
- Cardiac Arrhythmia
- Cirrhosis Type \_\_\_\_\_
- Colon Polyps

**PROBLEM**

- Congestive Heart Failure
- COPD
- Coronary Artery Disease
- Crohn's Disease
- Depression
- Diabetes Type \_\_\_\_\_
- Diverticular Disease
- Elevated Lipids/Cholesterol
- GERD/Heartburn
- Gout
- Headache, Migraine
- Hepatitis Type \_\_\_\_\_
- Hemochromatosis-hereditary
- Hemochromatosis-acquired
- Hypertension
- Irritable Bowel Syndrome
- Kidney Stones

**PROBLEM**

- Liver Disease
- Myocardial Infarction  
(heart attack)
- Obesity
- Osteoporosis
- Pancreatitis
- Parkinson's Disease
- Peptic Ulcer
- Polyarthritus Nodosa
- Renal/Kidney Disease
- Seizure Disorder
- Sleep Apnea
- Stroke
- Thyroid Disease
- Ulcerative Colitis
- Varices, Esophageal
- Varices, Gastric

Please list if you have any other Medical Problems not listed above: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SURGICAL HISTORY**

No Surgeries or Procedures

**SURGERY/PROCEDURE**

**YEAR**

- Angioplasty \_\_\_\_\_
- Appendectomy \_\_\_\_\_
- Back Surgery \_\_\_\_\_
- Bilateral tubal ligation \_\_\_\_\_
- CABG \_\_\_\_\_
- Cardiac Pacemaker \_\_\_\_\_
- Carpal Tunnel Release \_\_\_\_\_
- Cholecystectomy \_\_\_\_\_
- Colectomy \_\_\_\_\_
- Colostomy \_\_\_\_\_

**SURGERY/PROCEDURE**

**YEAR**

- Colonoscopy \_\_\_\_\_
- Gastric Bypass \_\_\_\_\_
- Hernia Repair \_\_\_\_\_
- Hip Replacement Side \_\_\_\_\_
- Hysterectomy Type \_\_\_\_\_
- Knee Replacement Side \_\_\_\_\_
- Liver Biopsy \_\_\_\_\_
- Mastectomy Type \_\_\_\_\_
- Small Bowel Resection \_\_\_\_\_
- Thyroidectomy \_\_\_\_\_

Please list if you have had any other Surgeries/Procedures not listed above, please include the Year: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FAMILY HISTORY**

Adopted

No Family History Known

| <u>ILLNESS/<br/>DISEASE</u>                            | <u>BLOOD<br/>RELATIVE</u> | <u>CAUSE OF<br/>DEATH?</u> |
|--|---------------------------|----------------------------|
| <input type="checkbox"/> Alcoholism _____              | _____                     | _____                      |
| <input type="checkbox"/> Alzheimer's Disease _____     | _____                     | _____                      |
| <input type="checkbox"/> Arthritis _____               | _____                     | _____                      |
| <input type="checkbox"/> Asthma _____                  | _____                     | _____                      |
| <input type="checkbox"/> Blood Disorder _____          | _____                     | _____                      |
| <input type="checkbox"/> Cancer Type _____             | _____                     | _____                      |
| _____  | _____                     | _____                      |
| <input type="checkbox"/> Cardiovascular Disease _____  | _____                     | _____                      |
| <input type="checkbox"/> Celiac Disease _____          | _____                     | _____                      |
| <input type="checkbox"/> Colitis _____                 | _____                     | _____                      |
| <input type="checkbox"/> Colon Polyps _____            | _____                     | _____                      |
| <input type="checkbox"/> Coronary Artery Disease _____ | _____                     | _____                      |
| <input type="checkbox"/> Crohn's Disease _____         | _____                     | _____                      |
| <input type="checkbox"/> Diabetes _____                | _____                     | _____                      |
| <input type="checkbox"/> Diverticular Disease _____    | _____                     | _____                      |

| <u>ILLNESS/<br/>DISEASE</u>  | <u>BLOOD<br/>RELATIVE</u> | <u>CAUSE OF<br/>DEATH?</u> |
|--|---------------------------|----------------------------|
| <input type="checkbox"/> Elevated Lipids _____<br>(Cholesterol, Triglycerides, Lipids) | _____                     | _____                      |
| <input type="checkbox"/> Gallbladder Disease _____                                     | _____                     | _____                      |
| <input type="checkbox"/> Genetic Disease _____   | _____                     | _____                      |
| <input type="checkbox"/> Hypertension _____  | _____                     | _____                      |
| <input type="checkbox"/> Irritable Bowel Syndrome _____                                | _____                     | _____                      |
| <input type="checkbox"/> Liver Disease _____   | _____                     | _____                      |
| <input type="checkbox"/> Migraines _____   | _____                     | _____                      |
| <input type="checkbox"/> Obesity _____   | _____                     | _____                      |
| <input type="checkbox"/> Osteoporosis _____  | _____                     | _____                      |
| <input type="checkbox"/> Peptic Ulcer Disease _____                                    | _____                     | _____                      |
| <input type="checkbox"/> Renal Disease _____   | _____                     | _____                      |
| <input type="checkbox"/> Seizure Disorder _____  | _____                     | _____                      |
| <input type="checkbox"/> Stroke _____  | _____                     | _____                      |
| <input type="checkbox"/> Thyroid Disorder _____  | _____                     | _____                      |
| <input type="checkbox"/> Ulcerative Colitis _____                                      | _____                     | _____                      |

Please list if there is any other Family History Illnesses or Diseases not listed above; please include the Blood Relative and if it what the cause of death: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SOCIAL HISTORY**

**Do you use Tobacco:**  No  Yes  Formerly

**Tobacco Type: Use Daily:**  Cigarettes  Cigar  Chewing  Smokeless  Pipe  Snuff

**Tobacco Usage Per Day:** # \_\_\_\_\_  Units  Packs  
Years Used: \_\_\_\_\_ Age Quit: \_\_\_\_\_

**Do you drink Alcohol:**  No  Yes  Formerly

**Alcohol Type:** \_\_\_\_\_ **Date Quit:** \_\_\_\_\_

**How Much:** # \_\_\_\_\_ Drinks / Glasses / Beers  
**How Often:**  Daily  Weekly  Monthly  Yearly  Occasionally  Rarely  Socially

**Do you drink Caffeine:**  No  Yes

**Caffeine Type:**  Coffee  Soda  Tea  Energy drinks

**Caffeine per Day:** # \_\_\_\_\_  Cups  Ounces

**Do you use Recreational Drugs:**  No  Yes  Formerly

**Drug Type:** \_\_\_\_\_ **Drug Use Frequency:**  Daily  Occasionally  Weekly **Date Quit:** \_\_\_\_\_

**Do you Exercise:**  No  Yes

**Exercise Type:** \_\_\_\_\_ **Exercise Frequency:** # \_\_\_\_\_ Times per week  Daily  Occasionally  Never

**Occupation:** \_\_\_\_\_ **Marital Status:**  Single  Married  Life Partner  Widow  Divorced

**Employment Status:** \_\_\_\_\_

**Has Children:**  No  Yes # \_\_\_\_\_ Sons # \_\_\_\_\_ Daughters

# CENTRAL ARIZONA MEDICAL ASSOCIATES, P.C.

New Patient

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ BIRTH SEX  Male  Female  
Please print your First Name Middle Initial Last Name

STREET ADDRESS \_\_\_\_\_ APARTMENT/UNIT # \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

CELL PHONE \_\_\_\_\_ HOME PHONE \_\_\_\_\_

May we leave a message?  Yes  No

May we leave a message?  Yes  No

EMAIL ADDRESS Please print clearly \_\_\_\_\_

PRIMARY CARE PHYSICIAN First and Last Name \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ PHONE \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

Employed  Unemployed  Retired  Student  Disabled  Child |  Single  Married  Divorced  Life Partner  Widowed

RACE  African American  American Indian or Alaskan Native  Asian  Native Hawaiian or other Pacific Islander  White  Other \_\_\_\_\_

ETHNICITY  Not Hispanic or Latino  Hispanic or Latino PREFERRED LANGUAGE  English  Other \_\_\_\_\_

IS PATIENT A MINOR  No  Yes If yes, your First and Last name \_\_\_\_\_

YOUR RELATIONSHIP TO MINOR  Mother  Father  Guardian  Other \_\_\_\_\_

PHARMACY \_\_\_\_\_ CROSSROADS \_\_\_\_\_ / \_\_\_\_\_

MAIL-ORDER \_\_\_\_\_ PHONE \_\_\_\_\_

Check here if you do not have medical insurance

Check here if you do not have secondary insurance

PRIMARY INSURANCE \_\_\_\_\_

SECONDARY INSURANCE \_\_\_\_\_

ID # \_\_\_\_\_

ID # \_\_\_\_\_

GROUP # \_\_\_\_\_

GROUP # \_\_\_\_\_

POLICY HOLDER NAME \_\_\_\_\_

POLICY HOLDER NAME \_\_\_\_\_

POLICY HOLDER DATE OF BIRTH \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

POLICY HOLDER DATE OF BIRTH \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

RELATIONSHIP  Spouse  Parent  Guardian  Other \_\_\_\_\_

RELATIONSHIP  Spouse  Parent  Guardian  Other \_\_\_\_\_

**INSURANCE AUTHORIZATION:** I hereby authorize Central Arizona Medical Associates to furnish information to insurance carriers regarding my illness and treatments and also assign to the medical providers payments for medical services for myself or dependents. I understand that I am responsible for any copayments, coinsurance, and deductibles.

**NO-SHOW/LATE CANCELLATION POLICY:** I understand that in the event I am unable to keep my scheduled appointment, I must give 24 hours notice and that failure to do so will result in a \$35.00 fee.

\_\_\_\_\_  
PATIENT, PARENT, OR GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE

# CENTRAL ARIZONA MEDICAL ASSOCIATES, P.C.

PATIENT NAME: \_\_\_\_\_

## PART 1 – NOTICE OF PRIVACY PRACTICES:

I hereby acknowledge that I am aware that Central Arizona Medical Associates is HIPAA compliant and that I was given the opportunity to review the Notice of Privacy Practices. I understand that I may request a written copy of the Notice of Privacy Practices at any time.

\_\_\_\_\_  
PATIENT, PARENT, OR GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE

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## PART 2 – DISCLOSURE OF HEALTH CARE INFORMATION:

This section is designated for you to list the name(s) of individual(s) who we may discuss Health Care Information, Treatment Plans, and Financial Billing Information with.

*Please note, this does not give us permission or authorization to release your Health Care Records to the listed individual(s).*

*Check one of the boxes below:*

- I do NOT** grant Central Arizona Medical Associates permission to speak to anyone. I understand the representatives of Central Arizona Medical Associates will not speak to anyone on my behalf.
- I grant** Central Arizona Medical Associates to discuss Health Care Information, Treatment Plans, and Financial Billing with the individual(s) listed below:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
PATIENT, PARENT, OR GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE

# **CENTRAL ARIZONA MEDICAL ASSOCIATES, P.C.**

## **Notice of Privacy Practices**

*To our patients:* This notice describes how health information about you (as a patient of this practice) may be used and disclosed and how you can obtain access to your health information. This is required by the Privacy Regulations created as a result of the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

## **Our commitment to your privacy**

Our practice is dedicated to maintaining the privacy of your health information. We are required by law to maintain the confidentiality of your health information.

We realize that these laws are complicated, but we must provide you with the following important information:

## **Use and disclosure of your health information in certain special circumstances**

The following circumstances may require us to use or disclose your health information:

1. To public health authorities and health oversight agencies that are authorized by law to collect information.
2. Lawsuits and similar proceedings in response to a court or administrative order.
3. If required to do so by a law enforcement official.
4. When necessary to reduce or prevent a serious threat to your health and safety of another individual or the public. We will only make disclosures to a person or organization able to help prevent the threat.
5. If you are a member of U.S. or foreign military forces (including veterans) and if required by the appropriate authorities.
6. To federal officials for intelligence and national security activities authorized by law.
7. To correctional institutions or law enforcement officials if you are an inmate or under the custody of a law enforcement official.
8. For Workers Compensation and similar programs.

## **Your rights regarding your health information.**

1. Communications. You can request that our practice communicate with you about your health and related issues in a particular manner or at a certain location. For instance, you may ask that we contact you at home rather than work. We will accommodate reasonable requests.
2. You can request a restriction in our use or disclosure of your health information for treatment, payment or health care operations. Additionally, you have the right to request that we restrict our disclosure of your health information to only certain individuals involved in your care or the payment for your care, such as family members and friends. We are not required to agree to your request; however, if we do agree, we are bound by our agreement except otherwise required by law, in emergencies, or when the information is necessary to treat you.

3. You have the right to inspect and obtain a copy of the health information that may be used to make decisions about you, including patient medical record and billing records, but not including psychotherapy notes. You must submit your request in writing to *Central Arizona Medical Associates / Dr. George Parides, Privacy Officer, 3638 E. Southern Ave Ste C108 - Mesa AZ 85206.*
4. You may ask us to amend your health information if you believe it is incorrect or incomplete and as long as the information is kept by or for our practice. To request an amendment, your request must be made in writing and submitted to *Central Arizona Medical Associates / Dr. George Parides, Privacy Officer, 3638 E. Southern Ave Ste C108 - Mesa AZ 85206.* You must provide us with a reason that supports your request for amendment.
5. Right to a copy of this notice. You are entitled to receive a copy of this Notice of Privacy Practices. You may ask us to give you a copy of this Notice at any time. To obtain a copy of this Notice, contact our front desk receptionist.
6. Right to file a complaint. If you believe your privacy rights have been violated, you may file a complaint with our practice or with the Secretary of the Department of Health and Human Services. To file a complaint with our practice, contact *Central Arizona Medical Associates / Dr. George Parides, Privacy Officer, 3638 E. Southern Ave Ste C108 - Mesa AZ 85206.* All complaints must be submitted in writing. You will not be penalized for filing a complaint.
7. Right to provide an authorization for other uses and disclosures. Our practice will obtain your written authorization for uses and disclosures that are not identified by this Notice or permitted by applicable law.

If you have any questions regarding this Notice or our health information privacy policies, please contact *Dr. George Parides* at 480-834-0771.