CENTRAL ARIZONA MEDICAL ASSOCIATES, P.C.

Name:_____ Date of Birth:_____

Date:_____ PCP: _____ Referring Physician:_____

Why are you seeing a Pulmonary (lung) and Sleep Provider?_____

_____

_____

Do you have any of the following problems:

☐ Shortness of breath
☐ Wheezing
☐ Rattling in the chest
☐ Recurrent episodes of bronchitis
☐ Coughing
  Any phlegm?_____
  What color?_____
  How often?_____
☐ Coughing up any blood
☐ Weight loss
☐ Heartburn
☐ Post-nasal drip
☐ Heart murmur
☐ Blue fingers or lips
☐ Swollen legs
☐ Lung nodule (or spots on lung)
☐ Snoring
☐ Daytime sleepiness
☐ Excessive napping
☐ Stop breathing

Have you ever had the following, please note when and where:

☐ Chest x-ray When_____Where_____
☐ Cat Scan of Chest When_____Where_____
☐ EKG When_____Where_____
☐ Echocardiogram When_____Where_____
☐ Lung Surgery When_____Where_____
☐ Lung Cancer When_____Where_____
☐ Exposure to TB When_____Where_____

Have you:

☐ Worked around Chemicals/Solvents
  Which ones_____How long_____

☐ Worked around Asbestos
  Which ones_____How long_____

REVIEW OF SYSTEMS

Pulmonary Medicine

CONSTITUTIONAL ☐ **None**

- ☐ Chills
- ☐ Fatigue
- ☐ Fever
- ☐ Malaise (general unwellness)
- ☐ Night Sweats
- ☐ Weight Gain
- ☐ Weight Loss

HEENT ☐ **None**

- ☐ Ear drainage
- ☐ Ear pain
- ☐ Eye discharge
- ☐ Eye pain
- ☐ Hearing loss
- ☐ Hoarseness
- ☐ Nasal drainage
- ☐ Post nasal drainage
- ☐ Sinus pressure
- ☐ Sore throat
- ☐ Visual changes

RESPIRATORY ☐ **None**

- ☐ Chronic cough
- ☐ Cough
- ☐ Known TB Exposure
- ☐ Shortness of breath
- ☐ Frequent Upper Respiratory Infections
- ☐ Hemoptysis (Coughing up blood)
- ☐ Snoring
- ☐ Wheezing

CARDIOVASCULAR ☐ **None**

- ☐ Chest pain
- ☐ Claudication (Cramping in legs)
- ☐ Edema (Leg swelling)
- ☐ Palpitations
- ☐ Orthopnea (Shortness of breath when lying down)

GASTROINTESTINAL ☐ **None**

- ☐ Abdominal pain
- ☐ Blood in stool
- ☐ Change in stools
- ☐ Constipation
- ☐ Diarrhea
- ☐ Heartburn
- ☐ Loss of appetite
- ☐ Nausea
- ☐ Vomiting

GENITOURINARY ☐ **None**

- ☐ Dysuria (Painful urination)
- ☐ Hematuria (Blood in urine)
- ☐ Polyuria (Excessive urination)
- ☐ Urinary Frequency
- ☐ Urinary Incontinence
- ☐ Urinary retention (Inability to urinate)

PSYCHIATRIC ☐ **None**

- ☐ Anxiety
- ☐ Insomnia
- ☐ Depression

INTEGUMENTARY (Dermatology) ☐ **None**

- ☐ Brittle hair
- ☐ Brittle nails
- ☐ Hair loss
- ☐ Hives
- ☐ Mole changes
- ☐ Rash
- ☐ Skin lesion(s)

NEUROLOGICAL ☐ **None**

- ☐ Dizziness
- ☐ Extremity numbness
- ☐ Extremity weakness
- ☐ Gait disturbance (Unusual problems when walking)
- ☐ Headache
- ☐ Memory loss
- ☐ Seizures
- ☐ Tremors

METABOLIC / ENDOCRINE ☐ **None**

- ☐ Cold intolerance
- ☐ Heat intolerance
- ☐ Polydipsia (Excessive thirst)
- ☐ Polyphagia (Excessive hunger)
- ☐ Generalized weakness

MUSCULOSKELETAL ☐ **None**

- ☐ Back pain
- ☐ Joint pain
- ☐ Joint swelling
- ☐ Muscle weakness
- ☐ Neck pain

HEMATOLOGIC / LYMPHATIC ☐ **None**

- ☐ Easy bleeding
- ☐ Easy bruising
- ☐ Lymphadenopathy (Swollen lymph nodes)
- ☐ Thrombosis (Blood clots)

IMMUNOLOGIC ☐ **None**

- ☐ Contact allergy
- ☐ Environmental allergies
- ☐ Food allergies
- ☐ Seasonal allergies
- ☐ Bee sting allergy
- ☐ Hay fever

MEDICAL HISTORY

☐No Medical Problems

PROBLEM
- ☐Allergies
- ☐Alpha 1 Antitrypsin Deficiency
- ☐Anemia
- ☐Angina
- ☐Anxiety
- ☐Asbestosis
- ☐Asthma
- ☐Atrial Fibrillation
- ☐Blood Clots/DVT
- ☐Bronchitis
- ☐Bipolar Disorder
- ☐Cancer *Type*_____
- ☐Cardiac Arrhythmia
- ☐Coccidioidomycosis (Valley Fever)

PROBLEM
- ☐Congestive Heart Failure
- ☐COPD
- ☐Coronary Artery Disease
- ☐Depression
- ☐Diabetes *Type*_____
- ☐Elevated Lipids (Cholesterol, Triglycerides, Lipids)
- ☐Emphysema
- ☐Fibromyalgia
- ☐Heart Murmur
- ☐Hepatitis *Type*_____
- ☐Heart Valve Disorder
- ☐HIV/ AIDS
- ☐Hypertension
- ☐Insomnia

PROBLEM
- ☐Lung Nodules
- ☐Myocardial Infarction (heart attack)
- ☐Osteoarthritis
- ☐Pneumonia
- ☐Pulmonary Embolism
- ☐Pulmonary Fibrosis
- ☐Restless Leg Syndrome
- ☐Rheumatoid Arthritis
- ☐Sarcoidosis
- ☐Sleep Apnea
- ☐Stroke
- ☐Systemic Lupus Erythematosus
- ☐Thyroid Disease
- ☐Tuberculosis

Please list if you have any other Medical Problems not listed above:_____

_____

_____

_____

_____

SURGICAL HISTORY

☐No Surgeries or Procedures

SURGERY/PROCEDURE	YEAR	SURGERY/PROCEDURE	YEAR
☐Adenoidectomy	_____	☐Dialysis	_____
☐Angioplasty	_____	☐Gastric Bypass	_____
☐Appendectomy	_____	☐Hernia Repair	_____
☐Arthroscopy *Site*_____	_____	☐Hip Replacement *Side*_____	_____
☐Back Surgery	_____	☐Hysterectomy	_____
☐Blood Transfusion	_____	☐Knee Replacement *Side*_____	_____
☐Bronchoscopy	_____	☐Lung Biopsy	_____
☐CABG	_____	☐Lymph Node Biopsy	_____
☐Cardiac Pacemaker	_____	☐Mastectomy	_____
☐Cardiac Stent	_____	☐Thyroidectomy	_____
☐Cholecystectomy	_____	☐Tonsillectomy	_____

Please list if you have had any other Surgeries/Procedures not listed above, please include the Year:_____

_____

_____

_____

_____

FAMILY HISTORY

☐ Adopted ☐ No Family History Known

ILLNESS/ DISEASE	BLOOD RELATIVE	CAUSE OF DEATH	ILLNESS/ DISEASE	BLOOD RELATIVE	CAUSE OF DEATH
☐ Alcoholism			☐ Depression		
☐ Allergies			☐ Diabetes		
☐ Alpha1 Antitrypsin Deficiency			☐ Elevated Lipids (Cholesterol, Triglycerides, Lipids)		
☐ Alzheimer's Disease			☐ Emphysema		
☐ Arthritis			☐ Genetic Disease		
☐ Asthma			☐ Hypertension		
☐ Autoimmune Disease			☐ Obesity		
☐ Blood Disease			☐ Renal Disease		
☐ Cancer Type			☐ Rheumatoid Arthritis		
			☐ Sarcoidosis		
			☐ Seizure Disorder		
☐ Cardiovascular Disease			☐ Sleep Apnea		
☐ COPD			☐ Stroke		
☐ Coronary Artery Disease			☐ Systemic Lupus Erythematosus		
			☐ Thyroid Disorder		

Please list if there is any other Family History Illnesses or Diseases not listed above; please include the Blood Relative and if it what the cause of death: _____

SOCIAL HISTORY

Do you use Tobacco: ☐ No ☐ Yes ☐ Formerly

Tobacco Type: ☐ Cigarettes ☐ Cigar ☐ Chewing ☐ Smokeless ☐ Pipe ☐ Snuff

Use Daily: ☐

Tobacco Usage Per Day: #_____ ☐ Units ☐ Packs
Years Used: _____ Age Quit: _____

Do you drink Alcohol: ☐ No ☐ Yes ☐ Formerly

Alcohol Type: _____

Date Quit: _____

How Much: #_____ Drinks / Glasses / Beers
How Often: ☐ Daily ☐ Weekly ☐ Monthly ☐ Yearly ☐ Occasionally ☐ Rarely ☐ Socially

---

Do you drink Caffeine: ☐ No ☐ Yes

Caffeine Type: ☐ Coffee ☐ Soda ☐ Tea ☐ Energy drinks

Caffeine per Day: #_____ ☐ Cups ☐ Ounces

Do you use Recreational Drugs: ☐ No ☐ Yes ☐ Formerly

Drug Type: _____

Drug Use Frequency: ☐ Daily ☐ Occasionally ☐ Weekly

Date Quit: _____

Do you Exercise: ☐ No ☐ Yes

Exercise Type: _____

Exercise Frequency: #_____ Times per week
☐ Daily ☐ Occasionally ☐ Never

Occupation: _____

Employment Status: _____

How long have you lived in Arizona: _____

Has Children: ☐ No ☐ Yes #_____ Sons #_____ Daughters

Any pets in your household: ☐ No ☐ Yes Type(s): _____

Domestic Partner: ☐ Opposite Sex ☐ Same Sex

Marital Status: ☐ Single ☐ Married ☐ Life Partner ☐ Widow ☐ Divorced

Name:_____ **DOB:** ___/___/___ **Today's Date:** ___/___/___

CURRENT MEDICATION LIST

If more space is needed, please use the backside.

MEDICATIONS	Strength	How Often Taken	Reason for Taking Medication
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13			
14.			
15.			
16.			
17.			
18.			
19.			
20.			

VITAMINS & SUPPLEMENTS	Strength	How Often Taken	Reason for Taking Medication
1.			
2.			
3.			
4.			
5.			

ALLERGIES TO MEDICATIONS: _____ Check here if NO Allergies

	What is your reaction to this medication?
1.	
2.	
3.	
4.	
5.	

CENTRAL ARIZONA MEDICAL ASSOCIATES, P.C.

New Patient

NAME _____ **DATE OF BIRTH** _____ **BIRTH SEX** ☐ Male ☐ Female
Please print your First Name Middle Initial Last Name

STREET ADDRESS _____ **APARTMENT/UNIT #** _____

CITY _____ **STATE** _____ **ZIP CODE** _____

CELL PHONE _____ **HOME PHONE** _____
May we leave a message? ☐ Yes ☐ No May we leave a message? ☐ Yes ☐ No

EMAIL ADDRESS Please print clearly _____

PRIMARY CARE PHYSICIAN First and Last Name _____

EMERGENCY CONTACT _____ **PHONE** _____ **RELATIONSHIP** _____

☐ Employed ☐ Unemployed ☐ Retired ☐ Student ☐ Disabled ☐ Child | ☐ Single ☐ Married ☐ Divorced ☐ Life Partner ☐ Widowed

---

RACE ☐African American ☐American Indian or Alaskan Native ☐Asian ☐Native Hawaiian or other Pacific Islander ☐White ☐Other_____

ETHNICITY ☐ Not Hispanic or Latino ☐ Hispanic or Latino **PREFERRED LANGUAGE** ☐ English ☐ Other _____

IS PATIENT A MINOR ☐ No ☐ Yes If yes, your First and Last name _____

YOUR RELATIONSHIP TO MINOR ☐ Mother ☐ Father ☐ Guardian ☐ Other _____

PHARMACY _____ **CROSSROADS** _____/_____

MAIL-ORDER _____ **PHONE** _____

☐ Check here if you do not have medical insurance

PRIMARY INSURANCE_____

ID #_____

GROUP #_____

POLICY HOLDER NAME_____

POLICY HOLDER DATE OF BIRTH_____/_____/_____

RELATIONSHIP ☐ Spouse ☐ Parent ☐ Guardian ☐ Other_____

☐ Check here if you do not have secondary insurance

SECONDARY INSURANCE_____

ID #_____

GROUP #_____

POLICY HOLDER NAME_____

POLICY HOLDER DATE OF BIRTH_____/_____/_____

RELATIONSHIP ☐ Spouse ☐ Parent ☐ Guardian ☐ Other_____

INSURANCE AUTHORIZATION: I hereby authorize Central Arizona Medical Associates to furnish information to insurance carriers regarding my illness and treatments and also assign to the medical providers payments for medical services for myself or dependents. I understand that I am responsible for any copayments, coinsurance, and deductibles.

NO–SHOW/LATE CANCELLATION POLICY: I understand that in the event I am unable to keep my scheduled appointment, I must give 24 hours notice and that failure to do so will result in a $35.00 fee.

_____ _____

PATIENT, PARENT, OR GUARDIAN SIGNATURE **DATE**

CENTRAL ARIZONA MEDICAL ASSOCIATES, P.C.

PATIENT NAME:_____

PART 1 – NOTICE OF PRIVACY PRACTICES:

I hereby acknowledge that I am aware that Central Arizona Medical Associates is HIPAA compliant and that I was given the opportunity to review the Notice of Privacy Practices. I understand that I may request a written copy of the Notice of Privacy Practices at any time.

_____ _____

PATIENT, PARENT, OR GUARDIAN SIGNATURE **DATE**

PART 2 – DISCLOSURE OF HEALTH CARE INFORMATION:

This section is designated for you to list the name(s) of individual(s) who we may discuss Health Care Information, Treatment Plans, and Financial Billing Information with.
Please note, this does not give us permission or authorization to release your Health Care Records to the listed individual(s).

Check one of the boxes below:

☐ **I do NOT** grant Central Arizona Medical Associates permission to speak to anyone. I understand the representatives of Central Arizona Medical Associates will not speak to anyone on my behalf.

☐ **I grant** Central Arizona Medical Associates to discuss Health Care Information, Treatment Plans, and Financial Billing with the individual(s) listed below:

Name	**Relationship**	**Phone Number**
Name	**Relationship**	**Phone Number**
Name	**Relationship**	**Phone Number**

_____ _____

PATIENT, PARENT, OR GUARDIAN SIGNATURE **DATE**

CENTRAL ARIZONA MEDICAL ASSOCIATES, P.C.

Notice of Privacy Practices

To our patients: This notice describes how health information about you (as a patient of this practice) may be used and disclosed and how you can obtain access to your health information. This is required by the Privacy Regulations created as a result of the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

Our commitment to your privacy

Our practice is dedicated to maintaining the privacy of your health information. We are required by law to maintain the confidentiality of your health information.

We realize that these laws are complicated, but we must provide you with the following important information:

Use and disclosure of your health information in certain special circumstances

The following circumstances may require us to use or disclose your health information:

1. To public health authorities and health oversight agencies that are authorized by law to collect information.

2. Lawsuits and similar proceedings in response to a court or administrative order.

3. If required to do so by a law enforcement official.

4. When necessary to reduce or prevent a serious threat to your health and safety of another individual or the public. We will only make disclosures to a person or organization able to help prevent the threat.

5. If you are a member of U.S. or foreign military forces (including veterans) and if required by the appropriate authorities.

6. To federal officials for intelligence and national security activities authorized by law.

7. To correctional institutions or law enforcement officials if you are an inmate or under the custody of a law enforcement official.

8. For Workers Compensation and similar programs.

Your rights regarding your health information.

1. Communications. You can request that our practice communicate with you about your health and related issues in a particular manner or at a certain location. For instance, you may ask that we contact you at home rather than work. We will accommodate reasonable requests.

2. You can request a restriction in our use or disclosure of your health information for treatment, payment or health care operations. Additionally, you have the right to request that we restrict our disclosure of your health information to only certain individuals involved in your care or the payment for your care, such as family members and friends. We are not required to agree to your request; however, if we do agree, we are bound by our agreement except otherwise required by law, in emergencies, or when the information is necessary to treat you.

3. You have the right to inspect and obtain a copy of the health information that may be used to make decisions about you, including patient medical record and billing records, but not including psychotherapy notes. You must submit your request in writing to *Central Arizona Medical Associates / Dr. George Parides, Privacy Officer, 3638 E. Southern Ave Ste C108 - Mesa AZ 85206.*

4. You may ask us to amend your health information if you believe it is incorrect or incomplete and as long as the information is kept by or for our practice. To request an amendment, your request must be made in writing and submitted to *Central Arizona Medical Associates / Dr. George Parides, Privacy Officer, 3638 E. Southern Ave Ste C108 - Mesa AZ 85206.* You must provide us with a reason that supports your request for amendment.

5. Right to a copy of this notice. You are entitled to receive a copy of this Notice of Privacy Practices. You may ask us to give you a copy of this Notice at any time. To obtain a copy of this Notice, contact our front desk receptionist.

6. Right to file a complaint. If you believe your privacy rights have been violated, you may file a complaint with our practice or with the Secretary of the Department of Health and Human Services. To file a complaint with our practice, contact *Central Arizona Medical Associates / Dr. George Parides, Privacy Officer, 3638 E. Southern Ave Ste C108 - Mesa AZ 85206*. All complaints must be submitted in writing. You will not be penalized for filing a complaint.

7. Right to provide an authorization for other uses and disclosures. Our practice will obtain your written authorization for uses and disclosures that are not identified by this Notice or permitted by applicable law.

If you have any questions regarding this Notice or our health information privacy policies, please contact *Dr. George Parides* at 480-834-0771.